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Microsoft Excel 2010 Introduction Quick Reference Guide (Cheat Sheet Of Instructions, Tips & Shortcuts - Laminated Card)

Excel® 2010 Introduction

Creating a New Workbook

1. Choose **File > New**.
2. Select **Blank workbook** (see **Blank** button).

Entering New Data

1. Click the cell by clicking on it, or by moving the mouse to the desired cell.
2. Type the data. If it contains a formula, display, or other content, it will appear in the cell.
3. Press **Enter** or **Ctrl+Enter** to move to the next cell.
4. Press **Enter** to move to the next cell.
5. Press **Ctrl+Enter** to move to the next cell.

Pick from a Drop-Down List

To pick from a list of data, use the **Drop-Down List** button.

1. Click the cell.
2. Press **Ctrl+D** to open the **Drop-Down List** button.
3. Press **Enter** to select the data.

Repeating the Contents of a Cell

1. Click the cell to copy.
2. Press **Ctrl+C** to copy the cell.
3. Press **Ctrl+V** to paste the cell.

Editing the Contents of a Cell

1. Click the cell to edit.
2. Press **F2** to enter edit mode.
3. Use the keyboard to edit the cell's contents.
4. Press **Enter** to save the changes.

Undo or Redo an Action

Use the **Undo** button to undo the last action. Use the **Redo** button to redo the last action.

Resizing Column Width/Row Height

1. Press **Ctrl+Shift+Left** to decrease the column width.
2. Press **Ctrl+Shift+Right** to increase the column width.
3. Press **Ctrl+Shift+Up** to decrease the row height.
4. Press **Ctrl+Shift+Down** to increase the row height.

Inserting Rows or Columns

1. Select the cell to insert the new row or column.
2. Press **Ctrl+Shift+Down** to insert a new row.
3. Press **Ctrl+Shift+Right** to insert a new column.

Deleting Cell Contents

Select the cell to delete, then press **Ctrl+Delete**.

Clearing Formatting

Select the cell to clear, then press **Ctrl+Shift+F**.

Deleting Rows, Columns, or Cells

Select the rows, columns, or cells to delete, then press **Ctrl+Shift+Delete**.

To delete rows or columns:

1. Select the rows or columns to delete.
2. Press **Ctrl+Shift+Delete**.

To delete cells:

1. Select the cells to delete.
2. Press **Ctrl+Delete**.

Formatting Numbers

1. Select the cells to format.
2. Press **Ctrl+Shift+Format Painter** to copy the formatting from one cell to another.

Entering Dates

To enter a date, use the **Calendar** button.

Entering a Sequence of Numbers

1. Enter the first number in the sequence.
2. Press **Ctrl+Enter** to enter the next number.

For all series options, e.g. **Worksheet**:

1. Press the **Worksheet** button.
2. Press **Ctrl+Shift+Enter** to enter the data.

Moving Within the Worksheet

Move	Shortcut
One cell up	Alt+Up
One cell down	Alt+Down
One cell left	Alt+Left
One cell right	Alt+Right
One row up	Ctrl+Shift+Up
One row down	Ctrl+Shift+Down
One column left	Ctrl+Shift+Left
One column right	Ctrl+Shift+Right
One sheet up	Ctrl+Shift+Page Up
One sheet down	Ctrl+Shift+Page Down

Selection Shortcuts

Selection	Shortcut
Active cell	Ctrl+Z
Active cell and adjacent cells	Ctrl+Shift+Z
Active cell and all cells in the row	Ctrl+Shift+Space
Active cell and all cells in the column	Ctrl+Shift+Enter
Active cell and all cells in the sheet	Ctrl+Shift+Esc

Aligning and Merging Cells

To align the contents of a cell, use the **Align** button.

Viewing the Worksheet as it Will Print

Press **Ctrl+P** to view the worksheet as it will print.

Microsoft Excel 2010 Introduction

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Synopsis

Laminated quick reference card showing step-by-step instructions and shortcuts for how to use Microsoft Office Excel 2010. This guide is suitable as a training handout, or simply an easy to use reference guide, for any type of user. The following topics are covered: Creating Workbooks, Entering and Editing Data, Undo and Redo, Resizing Column Width and Row Height, Inserting and Deleting Rows Columns and Cells, Clearing Cells, Clearing Formatting, Formatting Numbers and Cells, Aligning and Merging Cell Contents, Borders and Grids, Viewing the Worksheet as it will Print, Entering Dates, Entering Sequences. Entering Formulas & Functions, Entering a SUM Function Quickly, Absolute vs. Relative Cell References. Copying and Moving Data: Copying to Adjacent Cells; Cut, Copy, Paste; Drag & Drop. Sheet Features: Renaming, Moving, Copying, Selecting, Inserting, Deleting Sheets. Editing Multiple Worksheets Simultaneously, Copying Data and Formatting to Multiple Worksheets. Previewing, Printing and Page Setup, Printing a Specific Area, Using Page Break Preview to Adjust Page Breaks, Repeating Rows/Columns on Every Page. Working with Previous Versions (Compatibility Mode). Also includes: Lists of Selection and Movement Shortcuts. This guide is one of several titles available for Excel 2010: Excel 2010 Introduction; Excel 2010 Tables, PivotTables, Sorting & Filtering; Advanced & Macros; Charts & Sparklines; Functions & Formulas.

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Customer Reviews

This item came in handy to have available on my desk for quick reference. I recently purchased a new computer and it contained Windows 7 and a lot of the routine processes were somewhat

different. Even if you have basic knowledge of Microsoft Excel, this is a handy reference laminated sheet to have available.

The "ribbon" above the working window of 2010 Microsoft Office products can be quite confusing to us "oldsters" who started using them back when Windows 3.2 was the best thing going. This compact fact sheet is a BIG help!

I got this "cheat sheet" for the 2010 version of Microsoft's OneNote program for my wife as a quick reference. It does include a number of the most basic features of the program, but I was not impressed overall. Quite a few of the features are not included on the sheet, and so it does not do the job of providing a quick reference to all of the capabilities of OneNote. The sheet itself is of nice quality; firm plastic laminate and quite legible. The OneNote program is a great tool for organizing a variety of subjects and both my wife and I both really enjoyed using the 2007 version of MS OneNote. The 2010 version is a substantial upgrade in capability as well as some changes in format, so I was hoping that a good quick reference guide would help ease my wife into the new version. Alas, the Intro Quick Reference Guide being reviewed is just too basic to be of much value.

This sheet is what Onenote has in its opening notebook. If you want the information just start the program for the first time and there it is. Don't buy the sheet.

MS Excel reference guide. Cheat sheets are quite handy as long as problem/info needed is not complex. Just about worth price. Vendor performance excellent. Shipped in 1 day & arrived quickly even though USPS. GN

Again, this is much better than buying a \$60.00 book and only reading the first 2 chapters. I do a lot of PowerPoint presentations so am fairly proficient in it, but I just went to PP2010. The little card gives me the basics and I don't have to spend 30 minutes looking through a book for what I need. Takes up less space on my already overloaded book shelf too.

this is a great short cut after you have read the book you can't remember everything and this gives a quick reference so you don't have to look up everything up in the book. the guide has all the main commands and makes it easy to find when your in the middle of a project.

I have used Excel on my Windows PC for many years. Just recently bought a MacBook. The commands are quite similar, although they vary slightly and the Excel for the Mac does slightly different things. This sheet makes it easy to find a command quickly.

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